



Physical Education Policy

(1) National Curriculum Statement on PE

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Salisbury Primary school believes that Physical Education (P.E), experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health. P.E. has a major part in a child's physical, cognitive, social and emotional development. Also, this subject contributes to a child's spiritual, moral and cultural development.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- foster an appreciation of safe practise
- lead healthy, active lives.

(2) School Statement on PE

We believe that P.E. is the aspect of the curriculum concerned with the development of physical skills, knowledge and understanding in Gymnastics, Dance, Games, Athletics, Outdoor activities, Swimming and After School Clubs, which impact on the effective achievement of the rest of the curriculum.

(3) Aims:

- 1 Be physically active and find enjoyment in physical activities.
- 2 Find a lasting sense of purpose, achievement and fulfilment in physical activities.
- 3 Develop physical skills, habits and interest that will promote healthy lifestyles.
- 4 Develop positive attitudes to physical endeavours including perseverance, fair play and sporting behaviour and the ability to cope with success and failure.
- 5 Learn how physical exercise affects the body.
- 6 Understand the need for safe practice in physical activities and know how to achieve this

(4) Equal Opportunities

We believe that all children, irrespective of physical ability, race, gender, creed or stage of achievement have the right to reach their full potential in PE and achieve enjoyment, satisfaction and success at their own level. All children will be encouraged to develop:

- 1 Control, co-ordination and mobility.
- 2 Skill and confidence in range of physical activities.
- 3 An awareness of physical capabilities of the body.
- 4 Co-operation and collaborative skills.
- 5 An understanding of competitive sport

(5) SEN and Gifted and Talented

Children with special needs will be supported by another adult. Also provision will be made to support special needs children, with consultation and advice from outside agencies. Gifted and Talented children will be extended to reach their full potential. Where necessary the school will seek advice on how to develop their potential.

Effective Learning Involves:

- 1 Giving children plenty of time to explore experiment and refine movements and actions.
- 2 Providing a safe, well planned and resourced environment.
- 3 Supporting other areas of learning through physical activity.

- 4 Building on children's developing skills to promote confidence and independence.
- 5 Understanding the values of fairness and respect.

Effective Teaching Requires:

- 1 Providing opportunities for regular and frequent physical activity indoors and outdoors.
- 2 Ensuring that space is safe to use, and that clothing is safe and appropriate.
- 3 Ensuring that a full range of equipment and apparatus is available and used safely.
- 4 Ensuring that activities are differentiated to enable all pupils to succeed.
- 5 Providing opportunities for all pupils to participate in competitive sport with others and themselves.

(6) Organisation

At Salisbury, the curriculum in P.E. has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

There are two lessons per week in both key stages. Specialist teachers have been employed to teach one lesson and the class teacher teaches the other lesson.

Children in year 4 have swimming lessons that are taught in a block of 1 hour sessions over a 10 day period in the Autumn term.

(7) Role of the Co-ordinator:

- Producing a flexible scheme of work, with lesson ideas to support its implementation;
- Monitor planning of PE;
- Supporting colleagues in all aspects of the PE in the wider curriculum;
- Audit, maintain and replace equipment;
- Ensuring areas for lessons are safe;
- Assisting with recording keeping and assessment of the subject;
- Monitoring the teaching of the subject across school;
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves;
- Ensuring that pupils have the opportunity to become involved in extra-curricular clubs to further develop skills and talents;
- Organise school Sports day.

(8) Assessment

A record of children's progress and achievement in PE includes a written report, which is annually given to parents/carers.

Reporting in PE will focus on each Child;

- 1 Control, co-ordination and mobility.
- 2 Skill and confidence in a range of physical activities.
- 3 Awareness of the physical capabilities of the body.
- 4 Co-operation skills.
- 5 Their attitude towards fairness and respect.

(9) Organisation of Resources

All PE equipment is kept in the PE cupboard in the small hall. Mats and large apparatus are in both halls.

(10) Health and Safety Issues in PE

- 1 Good discipline
- 2 Correct handling of apparatus.
- 3 Correct clothing and orderly changing.
- 4 Constant awareness on the part of teachers.
- 5 Clothing, all children should have a change of clothes for PE. This includes t-shirt and shorts/leggings/ tracksuit bottoms, trainers or plimsolls (outdoors), bare foot (indoors).
- 6 All jewellery must be removed (including religious jewellery). Head scarves need to be removed and the girls need to wear a Lycra head scarf instead.
- 7 First aid kit should be nearby.
- 8 Gloves should be worn at all times when dealing with cuts. If a child is unwell or unfit to take part in any PE activity, they must have a letter from their parent/carer, which explains the situation.
- 9 In case of accidents, correct procedures must be followed.
- 10 Mats need to be placed where it is expected that pupils will need to cushion deliberate landings but should not be placed around indiscriminately-only place a mat where you want the children to land.

(11) Swimming

During transportation to and from the swimming pool, children need to be aware of safety. Swimming is an enjoyable but potentially hazardous activity. Good control and knowledge of safety procedures is essential.

A regular risk assessment needs to be done by the class teacher who is taking the children swimming. There should be safety belts on the bus. Staff need to carry mobile phones in case of any emergencies. Staff also need to take sick bags and a first aid kit.

(12) Children without PE kit

At the beginning of each term parents will be informed by letter of P.E. kit requirements and they will have the opportunity to discuss any serious reservations with the Head Teacher. A child who has forgotten their kit should first be reminded

by the teacher. If it is an ongoing problem an informal conversation with the parents would be appropriate.

Children with no P.E. kit will help the teacher with the equipment and complete a worksheet answering questions related to the lesson.

(13) After School Clubs and Holiday Clubs

After school clubs that are sports orientated need to take into consideration all the aspects of health and safety. Permission slips from the children's parents/carers, need to have parent/carers emergency numbers in case of accidents. Outside coaches and specialist teachers need to follow the schools healthy and safety procedure for PE.

(14) Partnerships

Salisbury Primary School is involved with the following partnerships:

- Cumberland school (SSCO), having regular competitions for children both in key stage 1 and key stage 2;
- Manor Park Soft Federation (8 primary schools, 1 secondary and 1 nursery) work together taking part in special competitions such as sports day.

The P.E. coordinator,

Mr. Shane Lemard

Reviewed by Governors on: (December 2016)

Next Review Date (December 2017)