



☎ 020 8478 6059

495 High Street North
Manor Park
E12 6TH

7th November 2016

Day-care		Term: Autumn term 2
<p style="text-align: center;"><u>Personal, Social and Emotional development</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Sharing with our friends in small and large group activities. • Seeking out our friends to share different experiences.  <p style="text-align: center;"><u>Mathematics</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Beginning to organise and categorise objects according to colour and size. • Beginning to use language of size whilst exploring different objects. • Exploring counting with a variety of objects, counting from 1-5 in sequence. 	<p style="text-align: center;"><u>Communication and Language</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Listening to nursery rhymes and attempting to join in with actions or vocalisations focusing on 'The wheels on the bus' and '5 little ducks.' • Beginning to understand more complex sentences during play. • Beginning to use simple sentences and beginning to ask some simple questions. <p style="text-align: center;"><u>Literacy</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Exploring stories using puppets and filling in missing words. • Making and giving meaning to the marks that they make. <p style="text-align: center;"><u>Understanding the World</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Exploring small world play with train sets and cars parks. • Exploring different animals and plants using real-life objects to notice detailed features in our environment. 	<p style="text-align: center;"><u>Physical Development</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Imitating drawing shapes such as circles or lines using a variety of mark making tools. • Beginning to help put on clothes independently such as hats, shoes, or coats. • Using a toilet or potty, becoming more aware of what it is used for.  <p style="text-align: center;"><u>Expressive Arts and Design</u></p> <p>What will we be doing?</p> <ul style="list-style-type: none"> • Experimenting with colours and marks using different types of tools. • Beginning to make-believe by pretending using a variety of toys both outdoors and indoors.

Healthy Eating websites:

- ❖ <http://www.nhs.uk/Change4Life/Pages/why-change-for-life.aspx> - This website provides advice on healthy living. It is full of ideas and advice about eating well, healthy recipes and activities for the whole family. The latest 'Just Keep Moving' Initiative invites your family to join the 10-minute Shake Up Adventure with Dory and her friends
- ❖ <https://www.nhs.uk/change4life-beta/campaigns/sugar-smart/home> -**Sugar Smart**



You will be surprised at how much **added sugar** is lurking in everyday food and drink. This website aims to support parents to easily identify the amount of sugar in everyday food and drinks and help us to make better choices about the food and drinks we give our children. Join Change4Life for simple tips, vouchers and recipes and get the Sugar Smart app!

For expert advice about your child's health, growth, eating habits or development, please make an appointment with your GP or Health Visitor.

How can you help your child?

Please can you encourage your child to:

- ❖ Encourage the children to speak using simple sentences and begin to ask simple questions.
- ❖ Encourage your child to use a spoon at meal times to feed themselves.
- ❖ Encouraging the use of a potty/toilet at home.

Reminders:

- ❖ Please provide the appropriate clothing for the weather as the weather is beginning to change.
- ❖ Please notify us of any changes or achievements at home.
- ❖ Please update us of any Health Visitor reviews or Immunisations that your child has had since their admission to Day Care.

Dates for your diary:

- ❖ Trip to Wanstead Duck Pond – TBC
- ❖ **Friday 4th November-** Fireworks crafts
- ❖ **Friday 11th November** – Remembrance Day – Creating poppies
- ❖ **Friday 18th November-** International Day
- ❖ **Friday 18th November 4-7pm** – International Evening
- ❖ **Please note that Day Care will be closed from Monday 26th December. We will re-open on Tuesday 3rd January 2017.**

Please do not hesitate to speak to any Day care staff about your child's development and well-being.

Marie-Jan Murray

Senior Childcare Officer

Caroline Clifton

Assistant Head – responsible for Early Years and 0-5 provision