



## HYGIENE

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands after going to the toilet, touching animals and playing outside. They must also wash their hands before eating any meals or snacks.

Staff will assist the children in hand washing, ensuring that they are washing and drying them correctly.

We will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. We will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs. Your child will also be encouraged to put their hand over their mouths when they cough.

Children who have had an upset stomach in the last 24 hours will not be permitted to the setting.

We will disinfect all changing mats between children.

All staff will follow strict hygiene routines in the kitchen, ensuring the fridge is at the correct temperature and that food is stored correctly in it.

In order for us to carry out these procedures effectively we will need you to provide us with enough resources, for example spare clothes etc... for your child. We request that you let a member of staff know if your child is feeling or has been unwell.

### **Cleaning and clearing:**

- Any spills of blood, vomit or excrement wiped up and flushed down the toilet. Rubber gloves always used when cleaning up spills of body fluids.
- floors and other affected surfaces disinfected using dettol or bleach diluted according to the manufacturer's instructions.
- fabrics contaminated with body fluids washed thoroughly in hot water.
- spare clothing available in case of accidents and polythene bags in which to wrap soiled garments.
- All surfaces cleaned daily with an appropriate anti- bacterial solution

<b>This policy was adopted on</b>	<b>Date reviewed</b>	<b>Date for review</b>
<i>1<sup>st</sup> September 2015</i>	December 2016	<i>3<sup>rd</sup> January 2018</i>